




## Curriculum Vitae

Personal Information	
<b>Title</b>	<b>Professor &amp; Head</b>
<b>Name</b>	<b>Ajit Sood</b>
<b>Degree</b>	<b>MD Gastroenterology</b>
<b>Country</b>	<b>India</b>
<b>Affiliation</b>	<b>Dayanand Medical College &amp; Hospital, Ludhiana, Punjab, India.</b>
	
Educational Background	
<p>MBBS; 1979: Dayanand Medical College &amp; Hospital, Ludhiana</p> <p>MD (Internal Medicine); 1983: Dayanand Medical College &amp; Hospital, Ludhiana</p> <p>DM (Gastroenterology); 1990: Post Graduate Institute of Medical Education &amp; Research, Chandigarh</p>	
Professional Experience	
<p>Presently working as Professor and Head, Department of Gastroenterology, Dayanand Medical College &amp; Hospital, Ludhiana, India. The institution is a medical school training both under-graduates and post-graduates. The department of Gastroenterology runs a three-year fellowship program affiliated to state health university. The department is entitled to intake of three fellows every year. The hospital attached to the medical school is a multi-speciality 1200 bedded hospital with state of art facilities. My professional responsibilities in the institution include patient care, teaching and research.</p> <p>Founder member and Secretary of Colitis and Crohn's Foundation (CCF), India since 2007. CCF (India) is an affiliate member of Asian Organization for Crohn's and Colitis.</p>	
<b>Awards / Orations</b>	
<ul style="list-style-type: none"> <li>• Dr. CM Habibullah Distinguished Researcher Oration - Indian Society Gastroenterology, 2021.</li> <li>• Sat Paul Mittal Award of appreciation of 2019 by Nehru Sidhant Kender Trust.</li> <li>• Economic Forum 2018 Awards for the Most Inspiring Doctor</li> <li>• Dr. B C Bansal &amp; Uma Bansal Oration 2004. Indian Academy of Clinical Medicine.</li> <li>• Dr. B. C. Roy National Award in the category of research project 2003.</li> </ul>	
Professional Organizations	
Dayanand Medical College & Hospital, Ludhiana, Punjab. India	



## Main Scientific Publications

1. Sood A, Singh A, Mahajan R, Midha V, Bernstein CN, Rubin DT. **(Re) Appraising Remission in Ulcerative Colitis. Inflammatory Bowel Diseases. 2022 Aug 2.**
2. Caron B, Abreu MT, Siegel CA, Panaccione R, Sands BE, Dignass A, Sood A, et al. **IOIBD Recommendations for Clinical Trials in Ulcerative Proctitis: The PROCTRIAL Consensus. Clinical Gastroenterology and Hepatology. 2022 Feb 19.**
3. Mahajan R, Singh A, Kedia S, Kaur K, Midha V, Sood A, et al. **Maintaining infliximab induced clinical remission with azathioprine and 5-aminosalicylates in acute severe steroid-refractory ulcerative colitis has lower cost and high efficacy (MIRACLE): a multicenter study. Intestinal Research. 2022 Jan;20(1):64.**
4. Singh A, Wall C, Levine A, Midha V, Mahajan R, Sood A. **Nutritional screening and assessment in inflammatory bowel disease. Indian Journal of Gastroenterology. 2022 Jan 15:1-8.**
5. Sood A, Mahajan R, Singh A, Midha V, Mehta V. **Endoscopy for assessment of mucosal healing in ulcerative colitis: time bound or response guided?. Intestinal Research. 2022 Feb 8.**
6. Singh A, Mahajan R, Kedia S, Dutta AK, Anand A, Sood A et al, **Use of thiopurines in inflammatory bowel disease: an update. Intestinal research. 2022 Jan;20(1):11.**
7. Sood A, Kaur K, Singh A, Midha V, Mahajan R, Bansal N, Mehta V, Singh D. **Trends of inflammatory bowel disease at a tertiary care center in northern India. Intest Res. 2021 Jul;19(3):282..**
8. Sood A, Kaur K, Mahajan R, Midha V, Singh A, Sharma S, Puri AS, Goswami B, Desai D, Pai CG, Peddi K, Phpurinesilip M, Kochhar R, Nijhawan S, Bhatia S, Rao NS. **Colitis and Crohn's Foundation (India): a first nationwide inflammatory bowel disease registry. Intest Res. 2021 April;19(2):206.**
9. Singh A, Mahajan R, Kao D, Midha V, Sood A. **Long term management of ulcerative colitis with Faecal Microbiota Transplantation. Medicine in Microecology. 2020 Dec 1;6:100026.**
10. Sood A, Singh A, Midha V, Mahajan R, Kao D, Rubin D, Bernstein C. **Faecal microbiota transplantation for ulcerative colitis: an evolving therapy. Crohn's & Colitis 360. 2020 Oct;2(4):otaa067.**
11. Sood A, Ahuja V, Midha V, Sinha SK, Pai CG, Kedia S, Mehta V, Bopanna S, Abraham P, Banerjee R, Bhatia S, Chakravartty K, Dadhich S, Desai D, Dwivedi M, Goswami B, Kaur K, Khosla R, Kumar A, Mahajan R, Misra SP, Peddi K, Singh SP, Singh A. **Colitis and Crohn's Foundation (India) consensus statements on use of 5-aminosalicylic acid in inflammatory bowel disease. Intest Res. 2020 Oct;18(4):355-378.**
12. Singh A, Sood A, Midha V, Mahajan R, Bansal N, Kaur K, Singh D, Dharni K. **Clinical Predictors of response to faecal microbiota transplantation in patients with acute ulcerative colitis. Journal of Crohns and Colitis. 2020**



**Aug 9:jjaa163.**

13. Mahajan R, Midha V, Singh A, Mehta V, Gupta Y, Kaur K, Sudhakar R, Singh Pannu A, Singh D, Sood A. **Incidental benefits after fecal microbiota transplant for ulcerative colitis. *Intest Res.* 2020 Jul;18(3):337-340.**
14. Sood A, Singh A, Mahajan R, Midha V, Mehta V, Gupta YK, Narang V, Kaur K. **Acceptability, tolerability, and safety of fecal microbiota transplantation in patients with active ulcerative colitis (AT&S Study). *J Gastroenterol Hepatol.* 2020 Mar;35(3):418-424.**
15. Sood A, Singh A, Sudhakar R, Midha V, Mahajan R, Mehta V, Gupta YK, Kaur K. **Exclusive enteral nutrition for induction of remission in anti-tumor necrosis factor refractory adult Crohn's disease: the Indian experience. *Intest Res.* 2020 Feb 25**
16. Siew C Ng, Michael A Kamm, Yun Kit Yeoh, Paul K S Chan, Tao Zuo, Whitney Tang, **Ajit Sood**, Akira Andoh, Naoki Ohmiya, Yongjian Zhou, Choon Jin Ooi, Varocha Mahachai, Chun-Ying Wu, Faming Zhang, Kentaro Sugano, Francis K L Chan. **Scientific frontiers in faecal microbiota transplantation: joint document of Asia-Pacific Association of Gastroenterology (APAGE) and Asia-Pacific Society for Digestive Endoscopy (APSDE). *Gut.* 2020 Jan; 69(1): 83–91.**
17. Singh A, Mahajan R, Midha V, Kaur H, Sood A. **Fecal Microbiota Transplantation in Intestinal Disorders: A Primer for Physicians. *Journal of Gastrointestinal Infections.* 2020 Jan;10(1):17.**
18. Sood A, Ahuja V, Kedia S, Midha V, Mahajan R, Mehta V, Sudhakar R, Singh A, Kumar A, Puri AS, Tantry BV, Thapa BR, Goswami B, Behera BN, Ye BD, Bansal D, Desai D, Pai G, Yattoo GN, Makharia G, Wijewantha HS, Venkataraman J, Shenoy KT, Dwivedi M, Sahu MK, Bajaj M, Abdullah M, Singh N, Singh N, Abraham P, Khosla R, Tandon R, Misra SP, Nijhawan S, Sinha SK, Bopana S, Krishnaswamy S, Joshi S, Singh SP, Bhatia Gupta S, Bhatia S, Ghoshal UC. **Diet and inflammatory bowel disease: The Asian Working Group guidelines. *Indian J Gastroenterol.* 2019 Jun;38(3):220-246.**
19. Sood A, Mahajan R, Singh A, Midha V, Mehta V, Narang V, Singh T, Pannu AS. **Role of Fecal Microbiota Transplantation for Maintenance of Remission in Patients with Ulcerative Colitis: A Pilot Study. *J Crohns Colitis.* 2019 Sep 27;13(10):1311-1317.**
20. Kamat N, Kedia S, Ghoshal UC, Nehra A, Makharia G, **Sood A**, Midha V, Gupta V, Choudhuri G, Ahuja V. **Effectiveness and safety of adalimumab biosimilar in inflammatory bowel disease: A multicenter study. *Indian J Gastroenterol.* 2019 Feb;38(1):44-54.**
21. Sood A, Mahajan R, Juyal G, Midha V, Grewal C S, Mehta V, Singh A, Joshi M C, Narang V, Kaur K, Sidhu H. **Efficacy of fecal microbiota therapy in steroid dependent ulcerative colitis: A real world intention-to-treat analysis. *Intest Res.* 2019 Jan;17(1):78-86.**



22. Juyal G, **Sood A**, Midha V, Thelma BK. Genetics of ulcerative colitis: putting into perspective the incremental gains from Indian studies. **J Genet.** 2018 Dec;**97(5):1493-1507.**
23. Midha V, Mahajan R, Mehta V, Narang V, Singh A, Kaur K, **Sood A**. Efficacy and safety of the adalimumab biosimilar Exemptia as induction therapy in moderate-to-severe ulcerative colitis. **Intest Res.** 2018 Jan;**16(1):83-89.**
24. Narang V, Kaur R, Garg B, Mahajan R, Midha V, Sood N, **Sood A**. Association of endoscopic and histological remission with clinical course in patients of ulcerative colitis. **Intest Res.** 2018 Jan;**16(1):55-61.**
25. **Sood A**, Midha V, Sood N, Bhatia AS, Awasthi G. Incidence & prevalence of ulcerative colitis in Northern India - a population based study **Gut.** Nov 2003; 52 : 1587 – 1590.